

For more information about the Essene Network please
contact your local contact or visit our website at

www.essenenetwork.org

SECRETARY

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We **ARE** the New Essenes

*The Angels of the Earthly Mother
walk with you by day
and the Angels of the
Heavenly Father guide you by night
and within you is
The Holy Law*

Peace Be With You

ESSENE

Network International

We invite you to work for
Peace on the Inner Plane
by sharing in these
daily meditations.



A Wisdom For Our Time

The Essene Network is a non-denominational charity
Registered Number 1107518

WHO WERE THE ESSENES?

Two thousand years ago a remarkable group of people lived in and around the Palestine area on the shores of the Dead Sea. They were known as Essenes and their knowledge, wisdom and way of life is just as applicable today as it was then.

They understood the forces and powers of nature and of the cosmos, and how these energies have an effect on all the life upon earth. They therefore structured their lives around these energies calling the earthly forces the Angels of the Earthly Mother and the cosmic forces the Angels of the Heavenly Father. This understanding led them to a life style far more balanced and in tune with nature than today's. It also resulted in better health and greater strength, endurance and longevity.

Many members of the Essene community went out as healers and teachers to help others improve their lives. Among them were John the Baptist, John the Beloved and

the great Essene Master Jesus. They understood the need for harmony within themselves as well as with nature and lived a sustainable life which did not interfere with or damage their environment. To the Essenes food was a major part of retaining health and was used together with natural medicines and healing methods. As a result of their spiritual values a system of living evolved which is both simple and profound. It is reproducible, even in today's world, and is in harmony with the existing natural processes of life.

WHAT IS THE ESSENE NETWORK?

Founded in 1987 to popularise closer co-operation with Angels through the use of daily meditations, the Essene Network now seeks a way to help people adjust to new spiritual energies and changing consciousness. We are all becoming aware of the great 'Awakening' of our Earth and are caught up in the process of becoming divine. We desperately need groups of loving souls willing to seek ways to ground the cosmic energies of love and light for the

Satan reign. And the sons of darkness covet most of all to steal from the Sons of Light their peace.

Go therefore, on this night, to the golden stream of light that is the garment of the angel of Peace. And bring back to the morning the peace of God that surpasses understanding, that you may comfort the hearts of the Sons of Men.

TUESDAY

"Angel of Power, descend on me and fill with power all my deeds."

I tell you truly, just as there is no life on earth without the sun, so there is no life of the spirit without the angel of Power. What you think and what you feel, these are like the dead scriptures, which are only words on a page, or the dead speech of dead men.

But the Sons of Light will not only think, will not only feel, but will also do, and their acts will fulfil their thoughts and feelings, as the golden fruit of summer gives meaning to the green leaves of spring.

WEDNESDAY

"Angel of Love, descend on me and fill with love all my feelings."

For it is by love that the Heavenly Father and the Earthly Mother and the Son of Man become one. Love is

eternal. Love is stronger than death.

And every night should the Sons of Light bathe in the holy water of the angel of Love, that with the morning they may baptize the Sons of Men with kind deeds and gentle words. For when the heart of the Son of Light is bathed in love, only kind and gentle words speak forth.

THURSDAY

"Angel of Wisdom, descend on me and fill with wisdom all my thoughts."

Know, oh Sons of Light, that your thoughts are as powerful as the bolt of lightning that stabs through the storm and splits asunder the mighty tree. It was for this that you have waited seven years to learn how to speak with the angels, for you know not the power of your thoughts.

Use then, wisdom in all you think and say and do. For I tell you truly, that which is done without wisdom is as a riderless horse, mouth foaming and eyes wild, running crazed into a yawning chasm.

But when the angel of Wisdom governs your deeds, then is the path to the unknown realms established, and order and harmony govern your lives.

EVENING COMMUNIONS

PROLOGUE

(Said before each Communion)

“Let us enter the eternal and infinite Garden of Mystery, our Spirits in Oneness with the Heavenly Father; our bodies in Oneness with the Earthly Mother; and our hearts and minds in Oneness with each other and with all of creation.”

FRIDAY

“The Heavenly Father and I are one.”

And close your eyes, Sons of Light, and in sleep enter into the unknown realms of the Heavenly Father. And you will bathe in the light of the stars, and the Heavenly Father will hold you in his hand and cause a spring of knowledge to well up within you; a fountain of power, pouring forth living waters, a flood of love and of all-embracing wisdom, like the splendour of eternal Light. And one day the eyes of your spirit shall open, and you shall truly know all things.

SATURDAY

“Angel of Eternal Life, descend upon me and give eternal life to my spirit.”

And close your eyes, Sons of Light, and in sleep contemplate the oneness of all life everywhere. For I tell you truly, in the daylight hours are our

feet on the ground and we have no wings with which to fly. But our spirits are not tied to the earth, and with the coming of night we overcome our attachment to the earth and join with that which is eternal.

For the Son of Man is not all that he seems and only with the eyes of the spirit can we see those golden threads which link us with all life everywhere.

SUNDAY

“Angel of Creative Work, descend upon earth and give abundance to all the Sons of Men.”

For this most powerful of the angels of the Heavenly Father is the cause of movement, and only in movement is life. Work, oh Sons of Light, in the garden of the Brotherhood to create the kingdom of the heavens upon earth. And as you work, so will the angel of Creative Work nurture and ripen the seed of your spirit, that you may see God.

MONDAY

“Peace, peace, peace, angel of Peace, be always everywhere.”

Seek the angel of Peace in all that lives, all you do, in every word you speak. For peace is the key to all knowledge, to all mastery, to all life. Where there is no peace, there does

sake of our earth and all humankind.

The Wisdom Tradition of the Essenes included:

- * Deep knowledge of the body
- * Expansive Knowledge of the Mind
- * Knowledge of Spiritual Mastery.

We believe that the crises upon earth result from humanity “closing” itself off from the spiritual Energies. To counter this and heal the earth, and all her creatures, we need to learn to focus and ground this power by living in harmony with nature, each other and ourselves. We are seeking to establish one or more centres or focal points where this work may be studied, learned and practised to the benefit of all humankind.

The basis of our organisation rests upon Communion with the Angels, from Dr Edmund Szekely’s inspired book *The Gospel of the Essenes*.

We hold to the ideas of commitment to the *Daily Meditation, Working with the Angels*,

a belief in reincarnation and through vegetarianism a special regard for the Life Force in foods. We regularly hold gatherings and retreats to spread the knowledge of the Essene Teachings and to provide the chance for people of like mind to come together in an easy, loving and joyful atmosphere. Some of our members also run Angel workshops, retreats and weekends.

Why not visit our website for more details at: www.essenetwork.org

MEMBERSHIP BENEFITS

- * Quarterly newsletter
- * Free book on joining
- * News on other allied events
- * Distant healing
- * Members discounts on:
 - Summer Gathering
 - Spring retreat
 - Angel workshops
 - Angel weekends

For more free information contact your local contact on the reverse of this leaflet.

MORNING COMMUNIONS

PROLOGUE

(Said before each Communion)

“Let us enter the eternal and infinite Garden of Mystery, our Spirits in Oneness with the Heavenly Father; our bodies in Oneness with the Earthly Mother; and our hearts and minds in Oneness with each other and with all of creation.”

SATURDAY

“The Earthly Mother and I are one. Her breath is my breath; her blood is my blood; her bone, her flesh, her bowels, her eyes and ears, are my bone, my flesh, my bowels, my eyes and ears. Never will I desert her, and always will she nourish and sustain my body.”

And you will feel the power of the Earthly Mother flowing through your body like the river when it is swollen with the rains and courses mightily with a great noise.

SUNDAY

“Angel of Earth, make fruitful my seed, and with your power give life to my body.”

Even as your seed creates new life, so courses through the earth the seed of the angel of Earth: in the grass, in the soil, in all living things that grow from the soil. Know, oh Sons of Light, that the same angel of Earth that

makes your seed into sons also makes the tiny acorn into this mighty oak, and makes the seed-bearing wheat to grow for bread for the Son of Man.

And the seed of your body need not enter the body of woman to create life; for the power of the angel of Earth is of surpassing greatness, and the angel of Earth can create the life of the spirit within as well as of the body without.

MONDAY

“Angel of Life, enter with strength the limbs of my body.”

And with these words embrace the Tree of Life, even as I embrace this brother oak, and you will feel the power of the angel of Life flow to your arms, and to your legs, and to all parts of your body, as the sap flows in the spring, even as it runs out of the trunk, so will the angel of Life flood your body with the power of the Earthly Mother.

TUESDAY

“Angel of Joy, descend upon earth, pouring forth beauty and delight to all the children of the Earthly Mother and the Heavenly Father.”

And you will go forth into the fields of flowers after rain and give thanks to your Earthly Mother for the sweet

odour of blossoms; for I tell you truly, a flower has no other purpose than to bring joy to the heart of the Son of Man.

And you will listen with new ears to the song of the birds, and see with new eyes the colours of the sun in its rising and its setting; and all these gifts of the Earthly Mother will cause joy to well forth within you, as a spring wells forth of a sudden in a barren place.

And you shall know that no one comes before the Heavenly Father that the angel of Joy lets not pass; for in joy was the earth created, and in joy did the Earthly Mother and the Heavenly Father give birth to the Son of Man.

WEDNESDAY

“Angel of Sun, enter my body and let me bathe in the fire of life.”

And you will feel the rays of the rising sun enter into the centre point of your body, there in the centre where the angels of the day and of night mingle, and the power of the sun shall be yours to direct to any part of your body, for the angels dwell therein.

THURSDAY

“Angel of Water, enter my blood and give the Water of Life to my body.”

And you will feel, like the rushing current of the river, the power of the angel of Water enter your blood, and like the rivulets of a stream, send the power of the Earthly Mother through your blood to all parts of your body.

And it shall be for healing, for the power of the angel of Water is very great, and when you speak to her, she will send her power wherever you command, for when the angels of God dwell within the Son of Man, are all things possible.

FRIDAY

“Angel of Air, enter with my breath and give the Air of Life to my body.”

Know, oh Sons of Light, that the angel of Air is the messenger of the Heavenly Father, and no one comes before the face of God that the angel of Air lets not pass. For we do not think of the angel of Air when we breathe, for we breathe without thought, as the sons of darkness live their lives without thought.

But when the power of life enters into your words and into your breathing, then for every time you invoke the angel of Air, so do you also invoke the unknown angels of the Heavenly Father; and you will go closer and closer to the heavenly kingdoms.